

Long Term Plan - PE

EYFS UNIT	Introduction to PE	Ball Skills	Dance	Fundamentals	Games	Gymnastics
YEAR A	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 2 UNITS	Fundamentals (Y2) Fitness (Y1)	Ball Skills (Y2) Dance (Y1)	Team Building (Y1) Gymnastics (Y2)	Invasion Games (Y2) Yoga (Y1)	Net and Wall (Y1) Target Games (Y2)	Striking and Fielding (Y1) Athletics (Y2)
Class 3 UNITS	Basketball (M) Yoga (M)	Dance (Y3) Dodgeball (M)	Handball (M) Gymnastics (Y3)	Fitness (M) Tag Rugby (M)	Athletics (Y4) Cricket (M)	Rounders (M) Tennis (Y3)
Class 4 UNITS	Basketball (M) Swimming (M)	Dance (Y6) Swimming (M)	Badminton (M) Gymnastics (Y5)	Yoga (M) Tag Rugby (M)	Athletics (Y6) Cricket (M)	Golf (M) Tennis (Y5)
YEAR B	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 2	Team Building (Y2) Ball Skills (Y1)	Fundamentals (Y1) Dance (Y2)	Net and Wall (Y2) Gymnastics (Y1)	Target Games (Y1) Yoga (Y2)	Invasion Games (Y1) Sending and Receiving (Y2)	Striking and Fielding (Y2) Athletics (Y1)
Class 3	Netball (M) Fitness (M)	Dance (Y4) Ball Skills (M)	Fundamentals (M) Gymnastics (Y4)	OAA (M) Hockey (M)	Athletics (Y4) Football (M)	Golf (M) Tennis (Y4)
Class 4	Netball (M) Swimming (M)	Dance (Y5) Swimming (M)	Handball (M) Gymnastics (Y6)	OAA (M) Hockey (M)	Athletics (Y6) Volleyball (M)	Rounders (M) Tennis (Y6)